

## Retirement Homes in Oakville

Retirement Homes in Oakville - More and more older adults and elderly find retirement housing really appealing. Facilities differ significantly in the level of assistance available, amenities offered and kinds of housing. Retirement homes or communities could be made up of independent living quarters, assisted living programs, or a combination of the two.

Senior retirement housing which provides independent living is for those people who are still able to fully or almost fully function on their own. These facilities are normally close to senior activity or community centres so that the offered services can be accessed easily and fast. They are also normally close to main public transit routes so that transportation is easy also. Usually, independent living retirement homes are built as private townhomes or apartment buildings.

Most retirement homes are designed for seniors who could live independently. Some facilities provide some assisted living programs. The model of living which differs the most from retirement home living is that of nursing homes. Nursing home facilities provide a high level of supervision and care to patients who have debilitating injuries or medical conditions that they cannot care for on their own, or could not be managed solely by a caregiver or family member. Staff and equipment found at a nursing home is normally similar to what is found inside a hospital. Sometimes, patients could stay inside separate, small rooms with their own bathroom and at times there is more than one patient in one room, who share a bathroom. There are usually shared lounging and eating areas for patients and meals are provided. Depending on the condition, the patient might need to pay all of the costs themselves or some financial support might be provided by government subsidies or by the patients' medical insurance.

Nearly all facilities are modestly designed to suit the day to day needs of residents. Depending on the minimum standards in a particular area, most basic retirement home units have a private bathroom, kitchen, and living area. Lots of facilities will also have common places for seniors to use like game rooms, meeting rooms and recreation and fitness areas. These facilities may also be provided in assisted living complexes, but they are designed to be friendly for individuals who are disabled. Though not as common, luxury retirement homes are becoming increasingly popular for those individuals who could afford to pay. These usually have larger apartment or townhome units with more living space and more services than the typical retirement home.

Financial support could be offered, depending on the income level of the person and the kind of facility. Each region and each province are different, but in several areas, low income retirement communities might accept residents based on their monthly pension amount or savings. In other cases, the government may finance part of the retirement housing program expense. Occasionally, depending on the kind of facility, local regulations, and a person's financial status, seniors can be responsible for paying all of the expenses themselves. It may be worth looking into the health insurance plan of the individual to see if part of the cost could be covered this way.