

## Retirement Home Oakville

Retirement Home Oakville - Residents of retirement housing complexes are, for the most part, able to take care of themselves. In some instances retirement communities will allow home care companies into the community to assist several residents with minor care requirements which they might have. The definition of a retirement community is not straightforward, but most communities share some characteristics. These characteristics include features like age restriction, people must be partially or fully retired, and the community must include common services and amenities.

When researching kinds of retirement communities, it may be confusing due to the many different kinds. Some of the kinds of communities are congregate housing, independent living communities, continuing care communities, subsidized housing, lifestyle or leisure oriented communities and mobile homes or recreational vehicles. Continuing care communities provide care as the requirements of the individual change throughout life. Subsidized housing is normally available for low-income seniors. Congregate housing is an arrangement where at least one meal a day is shared with other residents. Independent living communities usually offer little or no personal care assistance. Mobile homes, recreational vehicles, and leisure oriented communities are normally targeted towards more active seniors.

A senior cohousing is a different style of retirement community which is unique. This type of arrangement started in Europe and evolved around the idea of intergenerational housing, which has been utilized by many cultures for many years. It normally includes individually owned units surrounding a common area or common house. Some communities may comprise living quarters for home health care aids, whose services could be shared among residents. Cohousing residents support and encourage each other and socialize on a regular basis. Communities are designed to make activity and access easy for all levels of physical ability.

Residents in a cohousing community share ownership and management of how the community is planned and run on a daily basis. Normally, the age requirement to be classified as senior housing is that at least 75 percent of the residents must be older than 55 years. Other required characteristics of a cohousing community are that the residents manage the community, there are common facilities, there is not a shared community economy, the residents contribute to the design of the community, all members share equally in the decision making process and the community is designed to encourage a sense of community.

With the numerous and varied kinds of retirement communities available, individuals should be able to find a community that suits their requirements and preferences as well as their financial abilities.