

## List of Retirement Homes in Oakville

List of Retirement Homes in Oakville - If married or in a relationship when deciding to make a move into a senior residence, it is really common for one partner not to feel ready or to be resistant to move from their home. In relationships, differences of opinion are really common, and moving into a senior community is no exception.

One of the most common arguments that couples face when discussing about retirement is that one member of the relationship does not feel old enough to require moving into a retirement facility. They might feel that they are still fully capable of all of the requirements of their lives, or they may be unaware of the age restrictions at retirement homes. They might also harbour an old-school vision of what retirement living entails: waiting for the end of their lives to slowly approach while sitting in a chair with glazed-over expressions. A tour of a retirement facility nearby and some information could really help clear up several of the numerous misconceptions which the person may hold and even change their mind!

One member may also feel that living in a smaller house may be very uncomfortable and that they don't truly have to downsize yet. This is one more common reason for not wanting to move into a retirement community. Many senior living communities have faced people who feel this way. For this reason, senior communities can even hold informational services for potential residents to show them what the facility provides in terms of help with relocating or seminars to teach people what size of residence they really require. The whole process could still be really overwhelming even when couples have professional help with moving and decision-making. It is always recommended that couples begin making decisions about what they truly want to do in their retirement before a crisis happens and they might not be able to get into the facility of their choice. In the event of a crisis or medical emergency, decisions may be left up to loved ones and family members and can put strain on family connections.

A third common misconception is that residents would no longer have privacy if they move into a senior community. People could visualize a dorm-style environment where all areas are shared, even with just one roommate. Staff at a facility can easily alleviate this concern by letting the person know that although there are lots of opportunities to socialize, residents could participate as much or as little as they please. They can also show the individual around the facility and show them that they have a choice as to whether they live in private or shared quarters and let them see what the rooms are like.

At the end of the day, moving into a senior living community is a really stressful event in an individual or couple's life, so care should be taken to deal with any concerns that a senior might have before they move into the facility.