

## Long Term Care in Oakville

Long Term Care in Oakville - For those with various kinds of conditions, injuries or illnesses, both medical and non-medical services are offered in long term care facilities. Individuals who require care in a long term facility can not care for themselves for lengthy periods of time. Although it is most normal for individuals who require a high level of care to move into a facility, in many situations long term care can be offered at outpatient centres within the community or at home. Also, though long term care facilities most commonly house elderly people, it is very common for individuals of any age to require a stay in one for various reasons.

Informal long term care is care provided by family members, friends, and even volunteers. Although it seems that there are large numbers of individuals housed in long term care facilities, it is estimated that the vast majority of care is still provided by loved ones who are given no compensation.

When doctors, nurses, therapists and other trained experts provide care, this is known as formal long term care. Formal care may be given in an environment such as a continuing care facility, assisted living facility or a nursing home. Other kinds of assistance which are offered are for tasks like for example laundry, cooking, and cleaning. Formal care may also be provided in the home and may include all of the same services which are offered in a long term care facility. Other assistance which can be offered in a home are most often aimed to help the person and caregivers provide care without moving the individual into a home. Many homes may have devices installed by experts, on orders from their physician.

The majority of long term facilities offer both skilled and non-skilled care for its patients. In addition to providing care and medical supervision, long term care facilities also provide help with activities of daily living which the patient could not do by himself. These tasks consist of things such as getting dressed, eating, going to the bathroom, and bathing. However, in nearly all cases, some level of supervision or skilled help is required to provide care for medical problems which an individual might have. Further, this need for medical care tends to increase as the person ages. As people become older, they tend to develop various chronic conditions which require care from more than one kind of practitioner. This makes long term care facilities an appealing option, as instead of having to travel to many appointments or employ medical help to come into their home, one may be able to find all of the care which they require in one location.